



Brief Profile

Dr Ahmed Shoka

“Dynamic, Motivated, Team Player and keen to learn “
“The art is to learn how we think; it is not all about what we think!”

MBBCh., Tanta Faculty of Medicine, Tanta University, December 1977
DPM.,ABPsych.,MRCPsych.,CCST

Dr Shoka currently holds the following positions:

Inpatient Consultant Psychiatrist & Lead Clinician, Essex Partnership University Foundation NHS Trust, UK
Member of the Royal College of Psychiatrists, UK
Member of the Royal College Psychopharmacology Special Committee
Honorary Lecturer, School of Health & Human Sciences, Essex University, UK
Member of the International Society of Early Intervention in Mental Illness
Member of the British Arab Psychiatric Association (BAPA)
Peer Reviewer, British Journal of Medical Practice (BJMP)
Medical Tribunal Member, Ministry of Justice, UK
Director of DIRECT ANSWERS LIMITED, UK

Research, Publications and keen interest:

- *OCD, Depot medications, Physical Health of patients with SMI**
- *Borderline Personality Disorder; prevalence, management options & Challenges (NOVA BIOMEDICAL book publication)**
- *Psychopharmacology**
- * Depression, Anxiety and Pain; the conundrum!**
- *Depression and Diabetes**
- *Compliance, Concordance and Adherence**
- *Has publications on Phenomenology of OCD, Depot antipsychotic medications, Adherence to medications, Metabolic Syndrome**
- *Has several publications; www.researchgate.com**
- * Communication Skills, Negotiation Strategies and Persuasion Techniques**
- * Medico-Legal expertise. The interface between Medical Ethics and the Law**
- * Specialist in diagnosis and treatment of Adult ADHD**
- *Expert in Neuro-Leadership**

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